

Niles Family Fitness Center

Fall 1 Swim Lessons 2022

Member Registration:	August 1
Open Registration:	August 3
Registration closes:	September 6

Placement Test \$6 testing fee

Tuesday	Aug. 2	5:00-7:00 pm
Wednesday	Aug. 3	5:00- 7:00 pm
Saturday	Aug. 6	9:00-11:00 am
Tuesday	Aug. 9	5:00-7:00 pm

Class Dates and Times

Tuesday 5-5:35pm, 5:40-6:15pm, 6:20-6:55pm **September 6- October 11**
Wednesday 5-5:35pm, 5:40-6:15pm, 6:20-6:55pm **September 7- October 12**
Saturday 9-9:35am, 9:40- 10:15am, 10:20-10:55am, 11-11:35 am **September 10- October 15**
Member: \$68 Non- Member: \$83

Swim Club

Thursday's 4:30-5:45 pm September 8th - October 27th
Member: \$107 Non-Member: \$122

Varsity Club

Tuesdays 7:00-8:15 pm September 6th - October 25th
Member: \$107 Non-Member: \$122

Thursday's 7:00-8:15 pm September 8th- October 27th
Member: \$107 Non-Member: \$122

Learn to Swim

Fall 1 2022

CLASS	DAY	TIME	SESSION DATES
PARENT TOT	TUESDAY	5:00-5:35 PM	Sept.6- Oct. 11
	SATURDAY	9:00-9:35 AM	Sept.10- Oct. 15
TINY TINY TOTS	TUESDAY	5:40-6:15 PM	Sept.6- Oct. 11
	SATURDAY	9:40-10:15 AM	Sept.10- Oct. 15
TINY TOTS	TUESDAY	6:20-6:55 PM	Sept.6- Oct. 11
	WEDNESDAY	5:40-6:15 PM	Sept.7- Oct. 12
	WEDNESDAY	6:20-6:55 PM	Sept.7- Oct. 12
	SATURDAY	10:20-10:55 AM	Sept.10- Oct. 15
	TUESDAY	5:00-5:35 PM	Sept.6- Oct. 11
	TUESDAY	5:40-6:15 PM	Sept.6- Oct. 11
Level 1	WEDNESDAY	5:00-5:35 PM	Sept.7- Oct. 12
	WEDNESDAY	6:20-6:55 PM	Sept.7- Oct. 12
	SATURDAY	9:00-9:35 AM	Sept.10- Oct. 15
	SATURDAY	9:40-10:15 AM	Sept.10- Oct. 15
	SATURDAY	11:00-11:35 AM	Sept.10- Oct. 15
	TUESDAY	5:40-6:15 PM	Sept.6- Oct. 11
LEVEL 2	TUESDAY	6:20-6:55 PM	Sept.6- Oct. 11
	WEDNESDAY	5:00-5:35 PM	Sept.7- Oct. 12
	WEDNESDAY	5:40-6:15 PM	Sept.7- Oct. 12
	WEDNESDAY	6:20-6:55 PM	Sept.7- Oct. 12
	SATURDAY	9:00-9:35 AM	Sept.10- Oct. 15
	SATURDAY	10:20-10:55 AM	Sept.10- Oct. 15
	SATURDAY	11:00-11:35 AM	Sept.10- Oct. 15
	TUESDAY	5:00-5:35 PM	Sept.6- Oct. 11
LEVEL 2.5	TUESDAY	6:20-6:55 PM	Sept.6- Oct. 11
	WEDNESDAY	5:00-5:35 PM	Sept.7- Oct. 12
	WEDNESDAY	5:40-6:15 PM	Sept.7- Oct. 12
	SATURDAY	9:40-10:15 AM	Sept.10- Oct. 15
	SATURDAY	10:20-10:55 AM	Sept.10- Oct. 15
	SATURDAY	11:00-11:35 AM	Sept.10- Oct. 15
	TUESDAY	5:40-6:15 PM	Sept.6- Oct. 11
	WEDNESDAY	5:40-6:15 PM	Sept.7- Oct. 12
LEVEL 3	SATURDAY	9:00-9:35 AM	Sept.10- Oct. 15
	SATURDAY	11:00-11:35 AM	Sept.10- Oct. 15
ADVANCED SKILLS	TUESDAY	6:20-6:55 PM	Sept.6- Oct. 11
	SATURDAY	9:40-10:15 AM	Sept.10- Oct. 15
STROKE DEVELOPMENT	WEDNESDAY	5:00-5:35 PM	Sept.7- Oct. 12
	SATURDAY	10:20-10:55 AM	Sept.10- Oct. 15
STROKE REFINEMENT	TUESDAY	5:00-5:35 PM	Sept.6- Oct. 11
	WEDNESDAY	6:20-6:55 PM	Sept.7- Oct. 12

Member Registration: August 1- September 6

\$68 Program Fee

Non- Member Registration: August 3- September 6

\$83 Program Fee

Online or In- House Registration Available!

Nilesfitness.com 847.588.8400