

Niles Family Fitness Center Summer Swim Lessons 2023

| | |
|----------------------|-----------|
| Member Registration: | June 5-19 |
| Open Registration: | June 7-19 |

| Placement Test | \$6 testing fee | |
|----------------|-----------------|---------------|
| Tuesday | 6/6 | 5:00-7:00 pm |
| Wednesday | 6/7 | 5:00- 7:00 pm |
| Saturday | 6/10 | 9:00-11:00 am |
| Tuesday | 6/13 | 5:00-7:00 pm |

Class Date Range

Tuesday's June 20- August 1 (no class 7/4)

Wednesday's June 21- August 2 (no class 7/5)

Saturday's June 24- August 5 (no class 7/1)

Member: \$74 Non- Member: \$89

Swim Club

Thursday's 4:30-5:45 pm June 22- August 17
Member: \$115 Non-Member: \$130

Varsity Club

Tuesdays 7:00-8:15 pm June 20- August 15
Member: \$115 Non-Member: \$130

Thursday's 7:00-8:15 pm June 22- August 17
Member: \$115 Non-Member: \$130

Learn to Swim

Summer 2023

| CLASS | DAY | TIME | SESSION DATES |
|---------------------------|-----------|----------------|------------------|
| PARENT TOT | TUESDAY | 5:00-5:35 PM | June 20-August 1 |
| | SATURDAY | 9:00-9:35 AM | June 24-August 5 |
| TINY TINY TOTS | TUESDAY | 5:40-6:15 PM | June 20-August 1 |
| | SATURDAY | 9:40-10:15 AM | June 24-August 5 |
| TINY TOTS | TUESDAY | 6:20-6:55 PM | June 20-August 1 |
| | WEDNESDAY | 5:40-6:15 PM | June 21-August 2 |
| | WEDNESDAY | 6:20-6:55 PM | June 21-August 2 |
| | SATURDAY | 10:20-10:55 AM | June 24-August 5 |
| | TUESDAY | 5:00-5:35 PM | June 20-August 1 |
| | TUESDAY | 5:40-6:15 PM | June 20-August 1 |
| | WEDNESDAY | 5:00-5:35 PM | June 21-August 2 |
| | WEDNESDAY | 6:20-6:55 PM | June 21-August 2 |
| | SATURDAY | 9:00-9:35 AM | June 24-August 5 |
| | SATURDAY | 9:40-10:15 AM | June 24-August 5 |
| | SATURDAY | 11:00-11:35 AM | June 24-August 5 |
| LEVEL 2 | TUESDAY | 5:40-6:15 PM | June 20-August 1 |
| | TUESDAY | 6:20-6:55 PM | June 20-August 1 |
| | WEDNESDAY | 5:00-5:35 PM | June 21-August 2 |
| | WEDNESDAY | 5:40-6:15 PM | June 21-August 2 |
| | WEDNESDAY | 6:20-6:55 PM | June 21-August 2 |
| | SATURDAY | 9:00-9:35 AM | June 24-August 5 |
| | SATURDAY | 10:20-10:55 AM | June 24-August 5 |
| | SATURDAY | 11:00-11:35 AM | June 24-August 5 |
| | TUESDAY | 5:00-5:35 PM | June 20-August 1 |
| | TUESDAY | 6:20-6:55 PM | June 20-August 1 |
| LEVEL 2.5 | WEDNESDAY | 5:00-5:35 PM | June 21-August 2 |
| | WEDNESDAY | 5:40-6:15 PM | June 21-August 2 |
| | SATURDAY | 9:40-10:15 AM | June 24-August 5 |
| | SATURDAY | 10:20-10:55 AM | June 24-August 5 |
| | SATURDAY | 11:00-11:35 AM | June 24-August 5 |
| | TUESDAY | 5:40-6:15 PM | June 20-August 1 |
| | WEDNESDAY | 5:40-6:15 PM | June 21-August 2 |
| LEVEL 3 | SATURDAY | 9:00-9:35 AM | June 24-August 5 |
| | SATURDAY | 11:00-11:35 AM | June 24-August 5 |
| | TUESDAY | 6:20-6:55 PM | June 20-August 1 |
| | SATURDAY | 9:40-10:15 AM | June 24-August 5 |
| ADVANCED SKILLS | TUESDAY | 6:20-6:55 PM | June 20-August 1 |
| | SATURDAY | 9:40-10:15 AM | June 24-August 5 |
| STROKE DEVELOPMENT | WEDNESDAY | 5:00-5:35 PM | June 21-August 2 |
| | SATURDAY | 10:20-10:55 AM | June 24-August 5 |
| STROKE REFINEMENT | TUESDAY | 5:00-5:35 PM | June 20-August 1 |
| | WEDNESDAY | 6:20-6:55 PM | June 21-August 2 |

Member Registration: June 5- June 19

\$74 Program Fee

Non- Member Registration: June 7- June 19

\$89 Program Fee

Online or In- House Registration Available!

Nilesfitness.com 847.588.8400