

# GYM SCHEDULE Fall 2019



No full court basketball. Any person entering the gym must pay the appropriate fees, even if he/she is not participating.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><u>GYM A</u> 7:10-9:40 A.M. GROUP X</p> <p>9:45 A.M. -4:45 P.M. OPEN GYM</p>	<p><u>GYM A</u> 5:30 A.M.-8:50 A.M. OPEN GYM</p> <p>9:00 A.M.-11:45 A.M. GROUP X</p> <p>12:00 P.M.-5:50 P.M. OPEN GYM</p> <p>6:00-7:10 P.M. GROUP X</p> <p>7:15 P.M.-9:45 P.M. OPEN GYM</p>	<p><u>GYM A</u> 5:30 A.M.-8:00 A.M. OPEN GYM</p> <p>8:10-11:10 A.M. GROUP X</p> <p>11:15 A.M.- 5:30 P.M. OPEN GYM</p> <p>5:40-6:40PM GROUP X</p> <p>6:45-9:45 PM OPEN GYM</p>	<p><u>GYM A</u> 5:30 A.M.-9:00 A.M. OPEN GYM</p> <p>9:00 A.M.-11:10 A.M. GROUP X</p> <p>11:15 A.M-9:45 P.M. OPEN GYM</p>	<p><u>GYM A</u> 5:30 A.M.-8:30 A.M. OPEN GYM</p> <p>8:45-11:10 A.M. GROUP X</p> <p>11:15 A.M.-5:00 P.M. OPEN GYM</p> <p>5:10-6:15 P.M. GROUP X</p> <p>6:20 P.M.-9:45 P.M. OPEN GYM</p>	<p><u>GYM A</u> 5:30 A.M.-8:00 A.M. OPEN GYM</p> <p>8:10 A.M.-11:10 A.M. GROUP X</p> <p>11:15 A.M.-8:45 P.M. OPEN GYM</p>	<p><u>GYM A</u> 7:00 A.M.-8:45 A.M. OPEN GYM</p> <p>9:00-10:10 A.M. GROUP X</p> <p>10:15 A.M.-4:45 P.M. OPEN GYM</p>
<p><u>GYM B</u> 7:00 A.M.-4:45 P.M. OPEN GYM</p>	<p><u>GYM B</u> 5:30AM -8:45 A.M. OPEN GYM</p> <p>9:00 A.M.-10:00 A.M. CHILDRENS PROGRAMS</p> <p>11:30 A.M.-12:00 P.M. CHILDRENS PROGRAMS</p> <p>12:10P.M.-3:10 P.M. OPEN GYM</p> <p>3:15-7:30 P.M. CLOSED PRACTICE</p> <p>7:40 P.M.-9:45 P.M. OPEN GYM</p>	<p><u>GYM B</u> 5:30-9:20 A.M. OPEN GYM</p> <p>9:30-11:30 A.M. Co-Ed PICKLEBALL</p> <p>11:45A.M.-3:10 P.M. OPEN GYM</p> <p>3:15-7:30 P.M. CLOSED PRACTICE</p> <p>7:40 P.M.-9:45 P.M. OPEN GYM</p>	<p><u>GYM B</u> 5:30 A.M.-8:45 A.M. OPEN GYM</p> <p>9:00 A.M.-10:00 A.M. CHILDRENS PROGRAMS</p> <p>11:30A.M.-12:00P.M. CHILDRENS PROGRAMS</p> <p>1:00-3:00 P.M. Co-Ed PICKLEBALL</p> <p>3:15-7:30 P.M. CLOSED PRACTICE</p> <p>7:40 P.M.-9:45 P.M. OPEN GYM</p>	<p><u>GYM B</u> 5:30-9:30 A.M. OPEN GYM</p> <p>10:00-11:30 A.M. Co-Ed VOLLEYBALL</p> <p>1:45P.M.-3:10 P.M. OPEN GYM</p> <p>3:15-7:30 P.M. CLOSED PRACTICE</p> <p>7:40 P.M.-9:45 P.M. OPEN GYM</p>	<p><u>GYM B</u> 5:30 A.M.--9:45 A.M. OPEN GYM</p> <p>10:00 A.M.-12:30 P.M. Co-Ed PICKLEBALL</p> <p>12:30 P.M.-8:45 P.M. OPEN GYM</p>	<p><u>GYM B</u> 7:00-4:45 P.M. OPEN GYM</p>
						<p><b>DAILY GYM FEES:</b></p> <p><i>Youth (3-13)</i> Res: \$4.00 Non-Res: \$8.00</p> <p><i>Adult (Over 13)</i> Res: \$6.00 Non-Res: \$10.00</p>

DURING GROUP EXERCISE CLASSES, NO BASKETBALL IS ALLOWED ON THAT SIDE OF GYM.

FOOTBALL, BASEBALL/SOFTBALL, SOCCER and PERSONAL SPEAKERS ARE PROHIBITED IN THE GYM.

**ADDITIONAL PROGRAMS, BIRTHDAY PARTIES or EVENTS MAY BE SCHEDULED AT ANY TIME. INQUIRE AT THE FRONT DESK.**

**YOUTH SPORTS IS SCHEDULED VARIOUS AFTERNOONS 3:15-7:30 P.M.**