

GYM SCHEDULE Spring 2019



No full court basketball

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>GYM A 7:00 A.M.-8:30 A.M. OPEN GYM</p> <p>8:40-9:40 A.M. GROUP X</p> <p>9:45 A.M. -4:45 P.M. OPEN GYM</p>	<p>GYM A 5:30 A.M.-9:00 A.M. OPEN GYM</p> <p>9:10 A.M.-12:00 P.M. GROUP X</p> <p>12:05 P.M.-5:50 P.M. OPEN GYM</p> <p>6:00-7:10 P.M. GROUP X</p> <p>7:15 P.M.-9:45 P.M. OPEN GYM</p>	<p>GYM A 5:30 A.M.-8:00 A.M. OPEN GYM</p> <p>8:10-11:10 A.M. GROUP X</p> <p>11:15 A.M.- 5:30 P.M. OPEN GYM</p> <p>5:40-6:40PM GROUP X</p> <p>6:45-9:45 PM OPEN GYM</p>	<p>GYM A 5:30 A.M.-9:00 A.M. OPEN GYM</p> <p>9:10 A.M.-11:10 A.M. GROUP X</p> <p>11:15 A.M.—6:45 P.M. OPEN GYM</p> <p>6:50-7:55 P.M. GROUP X</p> <p>8:00 P.M.-9:45 P.M. OPEN GYM</p>	<p>GYM A 5:30 A.M.-9:45 A.M. OPEN GYM</p> <p>9:45-11:10 A.M. GROUP X</p> <p>11:15 A.M.-5:00 P.M. OPEN GYM</p> <p>5:10-6:15 P.M. GROUP X</p> <p>6:20 P.M.-9:45 P.M. OPEN GYM</p>	<p>GYM A 5:30 A.M.-8:00 A.M. OPEN GYM</p> <p>8:10 A.M.-11:10 A.M. GROUP X</p> <p>11:15 A.M.-8:45 P.M. OPEN GYM</p>	<p>GYM A 7:00 A.M.-8:45 A.M. OPEN GYM</p> <p>9:00-10:10 A.M. GROUP X</p> <p>10:15 A.M.-4:45 P.M. OPEN GYM</p>
<p>GYM B 7:00 A.M.-4:45 P.M. OPEN GYM</p>	<p>GYM B 5:30AM -8:45 A.M. OPEN GYM</p> <p>11:30 A.M.-12:00 P.M. CHILDRENS PROGRAMS</p> <p>12:00 P.M.-3:15 P.M. OPEN GYM</p> <p>3:15P.M. -4:30P.M CLOSED PRACTICE</p> <p>4:40 P.M.-9:45 P.M. OPEN GYM</p>	<p>GYM B 5:30-9:45 A.M. OPEN GYM</p> <p>10:00-12:30 P.M. Co-Ed PICKLEBALL</p> <p>12:30 P.M.-3:15 P.M. OPEN GYM</p> <p>3:15P.M. -4:30P.M CLOSED PRACTICE</p> <p>4:40 P.M.-9:45 P.M. OPEN GYM</p>	<p>GYM B 5:30 A.M.-8:45 A.M. OPEN GYM</p> <p>11:30 A.M.-12:00 P.M. CHILDRENS PROGRAMS</p> <p>12:10 P.M.-1:00 P.M. OPEN GYM</p> <p>1:00-3:00 P.M. Co-Ed PICKLEBALL</p> <p>3:15 P.M.-9:45 P.M. OPEN GYM</p>	<p>GYM B 5:30-9:30 A.M. OPEN GYM</p> <p>10:00-11:30 A.M. Co-Ed VOLLEYBALL</p> <p>11:45 A.M.-3:15 P.M. OPEN GYM</p> <p>3:15P.M. -4:30P.M CLOSED PRACTICE</p> <p>4:40P.M.-9:45 P.M. OPEN GYM</p>	<p>GYM B 5:30 A.M.-9:45 A.M. OPEN GYM</p> <p>10:00-12:30 P.M. Co-Ed PICKLEBALL</p> <p>12:30 P.M.-8:45 P.M. OPEN GYM</p>	<p>GYM B 7:00-4:45 P.M. OPEN GYM</p>
						<p>DAILY GYM FEES:</p> <p><i>Youth (3-13)</i> Res: \$4.00 Non-Res: \$8.00</p> <p><i>Adult (Over 13)</i> Res: \$6.00 Non-Res: \$10.00</p>

DURING GROUP EXERCISE CLASSES, NO BASKETBALL IS ALLOWED ON THAT SIDE OF GYM.

FOOTBALL, BASEBALL/SOFTBALL, SOCCER and PERSONAL SPEAKERS ARE PROHIBITED IN THE GYM.

ADDITIONAL PROGRAMS, BIRTHDAY PARTIES or EVENTS MAY BE SCHEDULED AT ANY TIME. INQUIRE AT THE FRONT DESK.

YOUTH SPORTS IS SCHEDULED VARIOUS AFTERNOONS 3:15-4:30PM