

NILES FAMILY FITNESS CENTER

BALLET CLASSES FOR AGES 3 THROUGH ADULTS

All classes include age-appropriate exercises to help participants increase agility & strength through uniting movement & music. The program is taught by Rio Tasia Guillaume, who's mission is to provide highly-qualified training in an inclusive & motivational environment.

Registration opens online on April 25th at nilesfitness.com Questions about registration? Call 847-588-8400.

Questions about the program? Call/Text 847-720-5789 or visit www.balletwithmsrio.com.



CLASS	TIMES	SPRING SESSION DATES	FEES
Pre-Ballet Preschool - Kindergarten	Sat. 9:45-10:30am	May 21 - July 16	\$130 Member / \$160 Nonmember
Primary Ballet K - 2nd grade	Sat 11:45am-12:45pm	May 21 - July 16	\$150 Member / \$180 Nonmember
Level 1 & 2 Ballet 3rd grade & up	Sat 10:30-11:45am	May 21 - July 16	\$185 Member / \$215 Nonmember
Adult Beginner Ballet	Wed. 7:15-8:15pm	June 8—July 13	Per Session IN STUDIO: \$75 Member / \$80 Nonmember Per Session VIRTUAL ONLY: \$50 Member / \$55 Nonmember Single Class IN STUDIO: \$14 Member / \$16 Nonmember



Birthday Parties Available

\$269 Member /\$289 Nonmember for up to 15 children

Private Lessons Available

\$86 Member/\$95 Nonmember

UNIFORM (not included) - Go to www.discountdance.com and type "teacherid:117232" in the search bar to view class level requirements. Then enter "117232" as coupon code at checkout to receive an 8% discount for first time users!
No uniform required for adults.

987 CIVIC CENTER DR. NILES ILLINOIS
847-588-8400 WWW.NILESFITNESS.COM